

CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA

UG ADMISSION 2025-26

FOUR YEAR BPES (INTEGRATED) PROGRAMME

Instructions for Entrance Examination

Dear candidate,

The entrance tests of BPES course will be held on 11th, 12th, and 13th of June, 2025. Candidates are requested to report at the Dept. of BPE, Christ College (Autonomous) Irinjalakuda at **8.00 AM on 11th June**. Candidates who are late will not be permitted to attend the tests. Candidates will have to find their own accommodation for these dates. **The third day will be a reserve day** and will be used, if required. Candidates should bring the following documents & materials when coming for the tests. Candidates who are not in proper sport kit for fitness tests and game proficiency test will not be permitted to take part in the admission process.

1. Printout of the application form.
2. All originals of academic certificates
3. Cast certificate (for reservation categories & Community (RC)
4. Sport achievement certificates
5. Documents proving ID
6. Sport kit
7. Pen for the written test
8. A passport size photograph
9. Medical certificate proving physical fitness certified by a registered medical practitioner.

Note: The candidates appearing for the entrance test will be ranked on the basis of their performances in the physical fitness test, general english & sports knowledge test (written test), game proficiency test, percentage of marks in the qualifying examination, merit of their sports certificates and performance in the interview with the principal. The above tests are mandatory for all candidates. Only those candidates who get a minimum of 40% of marks in the fitness test will be considered for the final rank list. AAHPERD youth physical fitness test battery with the following test items will be used for testing physical fitness.

The items of this test are given below:

1. Pull up (boys) for maximum number
2. Bent knee sit up for maximum number for 1 minute
3. Flexed arm hangs (girls) for maximum time
4. Shuttle run (10x4 m) for timing
5. Standing broad jump for distance
6. 50-yard run for timing
7. 12 minutes run/walk test (Boys) and 9 minutes run/walk (girls)

(Sd/-)

Department of BPE,

Christ College (Autonomous) Irinjalakuda